Genesis

The Beginning of Starting Over

Talk It Over

Message Summary

Genesis 6–9 shows us that when the world was overwhelmed by sin, God provided a new beginning through Noah. Starting over required faith when it seemed crazy, obedience without applause, and trust in God's faithfulness. The story of Noah reminds us that God specializes in fresh starts and keeps His promises, even when we fail.

Key Scriptures

Genesis 6:5-8

The Lord saw how great the wickedness of the human race had become on the earth, and that every inclination of the thoughts of the human heart was only evil all the time. The Lord regretted that he had made human beings on the earth, and his heart was deeply troubled. So the Lord said, "I will wipe from the face of the earth the human race I have created—and with them the animals, the birds and the creatures that move along the ground—for I regret that I have made them." But Noah found favor in the eyes of the Lord"

Genesis 6:22

Noah did everything just as God commanded him.

Genesis 7:12-13

And rain fell on the earth forty days and forty nights. On that very day Noah and his sons, Shem, Ham and Japheth, together with his wife and the wives of his three sons, entered the ark.

Genesis 9:16

"Whenever the rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth."

Start Talking

Find a conversation starter for your group.

- WATCH this video as a group on the "Nephilim" and the "Sons of God" to start your group time.
- What's one time in your life when you felt like you needed a fresh start?
- Watch this week's Sermon Refresh: Here (Available Monday's)

Start Thinking

Ask a question to get your group thinking.

- Please read the Key Scriptures on the left.
- Why do you think God chose to start over with Noah and his family? What does that reveal about God's character?

Start Sharing

Choose a question(s) to create openness.

- Why is it important to see the flood not just as judgment, but also as God making a way of salvation?
- God gave a rainbow as a sign of His promise. How has God shown His faithfulness in your life?
- Just as the ark saved Noah, Jesus saves us. How does this parallel deepen your trust in God's rescue plan?
- What's one step you can take this week to live as someone who has received a fresh start through Christ? How would you like it to show up in your relationships?

Start Praying

God, thank You for being a God of new beginnings. Give us the faith to trust You, the courage to obey You, and the humility to remember Your faithfulness—even when we fall short. Help us step into the fresh start You're offering. Amen.

Start Doing

This week, identify one area of your life where God may be inviting you to "start again." Take one concrete step of obedience—no matter how small—and share it with someone in your group for encouragement and accountability.