



# Hearing from God

## Week 5: Through Pain

### CCV Groups Discussion Guide

#### OPENING QUESTION:

What is the worst physical pain you ever had to endure?

#### GROUPS VIDEO GUIDE

#### READ:

[Psalm 119:65–72](#)

#### DISCUSS:

- What does the passage in Psalm 119 teach us about hearing God through suffering?
- Emotional pain, like physical pain, is a warning light that something is wrong. Share an experience where God used pain to teach or direct you.
- Compare these truths with [2 Corinthians 4:16–18](#) and [12:7–10](#). What further lessons do we learn from how suffering helps us hear from God?
- Identify a person you care about who is suffering right now (it could be you). Share how you would explain these biblical principles to them, to help them hear from God through suffering.

#### PRAYER:

Ask for prayer requests for people who are hurting. Practice the D.S.A. prayer model focusing on asking the Lord for comfort and guidance. It might be appropriate, if one person is in a particularly difficult situation, to have them sit in a chair and for the rest of the group to lay a hand on their shoulder and pray for them specifically.

#### SCRIPTURES:

**Job 36:15**, “But those who suffer he delivers in their suffering; he speaks to them in their affliction.”

**Psalm 119:50**, “My comfort in my suffering is this: Your promise preserves my life.”

**Psalm 119:67**, “Before I was afflicted I went astray, but now I obey your word.”

**Psalm 119:71**, “It was good for me to be afflicted so that I might learn your decrees.”

**Isaiah 30:20–21**, “Although the Lord gives you the bread of adversity and the water of affliction, your teachers will be hidden no more; with your own eyes you will see them. Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, “This is the way; walk in it.”

**Isaiah 48:10**, “See, I have refined you, though not as silver; I have tested you in the furnace of affliction.”

**Romans 5:3–4**, “Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.”

**Romans 8:18–21**, “I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. For the creation waits in eager expectation for the children of God to be revealed. For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God.”

**Romans 8:28**, “And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”

**2 Corinthians 4:16–18**, “Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

**2 Corinthians 12:7–10**, “...Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.”

**Hebrews 12:10–11**, “...God disciplines us for our good, in order that we may share in his holiness. No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.”

**James 1:2–4**, “Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.”

**1 Peter 1:6–7**, “In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed.”

**1 Peter 4:1–2**, “Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin. As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God.”

**1 Peter 4:19**, “So then, those who suffer according to God’s will should commit themselves to their faithful Creator and continue to do good.”

**1 Peter 5:10**, “And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.”