

The Power of Gratitude

CCV Groups Discussion Guide



OPENING QUESTION:

Which do you enjoy more, Thanksgiving or Christmas? Why?

GROUPS [VIDEO GUIDE](#)

READ:

- [John 1:14-18](#), [Colossians 3:12-14](#), [1 Peter 4: 7-11](#)

DISCUSS:

- Why do you think thanksgiving and forgiveness are so integral to experiencing joy?
- Why do you think forgiveness is so important to survive the holidays? Is there anyone you need to forgive?
- As a group, brainstorm some practical ways you could express thankfulness during the holidays.
- Identify a gift you could give someone this season that could not be put in a box (in other words, a non-physical gift).

PRAYER:

Go around the circle telling God what you are most thankful for. We are looking for a short phrase, not a sentence. See if you can go around the circle three times.

SCRIPTURES:

1 Thessalonians 5:18, "Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

Ephesians 1:16, "I do not cease to give thanks for you, remembering you in my prayers."

Ephesians 5:20, "Giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ."

Colossians 3:15–17, “And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.”

Psalms 118:24, “This is the day that the Lord has made; let us rejoice and be glad in it.”

Psalms 107:1, “Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!” (See also 118:29; 136:1, 3)

James 1:17, “Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.”

Hebrews 12:28, “Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe.”