

# Reconstruction

## Week 5: Moving Forward from Church Hurt

### CCV Groups Discussion Guide

#### Opening Question:

Now that we've concluded this series titled, Reconstruction; what have you started, stopped or continued doing to ensure you have a firm foundation in your faith?

#### Groups [Video Guide](#)

#### Read it again:

- [Psalm 23](#)

#### Discuss:

- Share a time when you were hurt in church? What happened? How did you respond? How did you get over it?
- Why do you think church hurt hurts worse than work hurt or school hurt? Where would you put family hurt? (That may be a clue as to why church hurt hurts worse).
- Read [Colossians 3:12-15](#). What does Paul mean: "as the Lord has forgiven you, so you also must forgive."
- The more deeply you are involved in church the more likely you will be to hurt someone in church. Why is that?

#### Prayer:

Do you know someone personally who has walked away from their faith because of something someone at church did or said? Let's pray together for wisdom and forgiveness, for courage and reconciliation.

## Scriptures:

- **1 Samuel 16:7**, "But the Lord said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart."
- **Ephesians 4:31–32**, "Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."
- **Luke 8:17**, "Or nothing is hidden that will not be made manifest, nor is anything secret that will not be known and come to light."
- **John 15:12**, "This is my commandment, that you love one another as I have loved you."
- **Matthew 5:44**, "But I say to you, Love your enemies and pray for those who persecute you."
- **1 John 1:7–9**, "But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just forgive us our sins and cleanses us from all unrighteousness."
- **Colossians 3:12–15**, "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all this put-on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful."
- **Romans 14:13–17**, "Therefore, let us not pass judgment on one another any longer, but rather decide never to put a stumbling block or hindrance in the way of a brother. I know and am persuaded in the Lord Jesus that nothing is unclean in itself, but it is unclean for anyone who thinks it unclean. For if your brother is grieved by what you eat, you are no longer walking in love. By what you eat, do not destroy the one for whom Christ died. So do not let what you regard as good

be spoken of as evil. For the kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit.”

- **Luke 6:31**, “And as you wish that others would do to you, do so to them.”
- **Matthew 6:14–15**, “For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.”
- **1 John 1:7**, “But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.”

## For the Coach:

Watch this week’s [Coach Tip Video](#)!