



Run with the Horses

Week 2: Insecurities

CCV Groups Discussion Guide

OPENING QUESTION:

Share a time you felt inadequate or unprepared for a task. How did you handle it?

GROUPS VIDEO GUIDE

READ:

[Jeremiah 1:1-12](#)

DISCUSS:

- God calls Jeremiah and he responds with, "I am just a boy." What are some excuses you have used with God not to do what you sense is his calling?
- How does Jeremiah's sense of inadequacy compare to other biblical figures who felt unworthy or incapable (e.g., Moses in [Exodus 4:10-13](#), Gideon in [Judges 6:14-15](#))? Can you think of others? Who do you relate to the most?
- How does God's assurance in Jeremiah 1:7-8 change Jeremiah's perspective and actions? Who or what reassures you when you feel inadequate?
- What step can you take this week to trust God's strength and provision when you feel inadequate? How can we support one another in overcoming feelings of inadequacy?

GROUP CHALLENGE:

The almond tree was a visible reminder of God's watchful eye over Jeremiah. What visible reminders do you have in your daily life that remind you of God's faithfulness?

TAKE HOME QUESTIONS:

Table Talk (a question to ask your family): What visible reminder in our home do we have that God is watching over us? If there isn't one, let's agree on a sign we could hang, a

symbol we could put up, or a plant we could plant for our family to be reminded of God's faithfulness.

Water Cooler (a question to ask at work): How often do you think people who come across as arrogant may be covering insecurity?

PRAYER:

Use [Isaiah 40:29–31](#) and [Ephesians 3:20–21](#) as a prayer to God. Reword the Scripture as if you are saying it to God.

SCRIPTURES:

2 Corinthians 12:9–10, "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore, I will boast all the more gladly about my weaknesses so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong."

John 15:5, "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

Ephesians 3:20–21, "Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."

Psalms 18:32, "It is God who arms me with strength and keeps my way secure."

Isaiah 40:29–31, "He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Isaiah 41:10, "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

2 Corinthians 3:5, "Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God."

Psalms 73:26, "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

1 Corinthians 1:27–29, "But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. God chose the lowly things

of this world and the despised things—and the things that are not—to nullify the things that are, so that no one may boast before him.”

Philippians 4:13, “I can do all this through him who gives me strength.”