



# Soundtracks

## Week 3: Repeat Good Soundtracks

### CCV Groups Discussion Guide

#### OPENING QUESTION:

What song or album do you never get tired of hearing?

#### GROUPS [VIDEO GUIDE](#)

#### READ:

- [Proverbs 18:21](#), [Matthew 12:22-37](#), [Romans 8:5-6](#)

#### DISCUSS:

- Which requires more work for you personally, talking or listening?
- Share with the group something positive someone said to you years ago that you are able to replay in your head and has helped you live up to your potential.
- Share with the group something negative someone said to you years ago that you have had to fight to eliminate because it is out of alignment with what God says about you. (Or this message series has allowed you to pay closer attention to it).
- From Romans 8, what would it look like to have your mind set more often on the desires of the Spirit?
- You have power over your thoughts. Talk about ways you can control what you think about this week. How could this change your life?
- Knowing scripture helps us fight negativity. Share any of your favorite verses or stories from Scripture that encourage you.

#### PRAYER:

As a closing prayer read these blessings over the group:

"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be." (Psalm

139:13–16)

"The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."  
(Zephaniah 3:17)

## **SCRIPTURES:**

**Romans 8:31**, "What then shall we say to these things? If God is for us, who can be against us?"

**Psalms 42:5**, "Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation."

**Philippians 4:8**, "And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."

**Colossians 3:2**, "Set your minds on things above, not on earthly things."

**Romans 12:2**, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

**2 Corinthians 10:5**, "Take captive every thought to make it obedient to Christ."

**2 Corinthians 10:4–5**, "The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

**Proverbs 4:23**, "Above all else, guard your heart, for everything you do flows from it."

**Romans 8:6**, "The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."