



RECREATIONAL BASKETBALL RULES

ALL DIVISIONS

- All players receive equal playing time
- All players must wear:
 - Provided uniform with no modifications
- No jewelry allowed (earrings must be removed or taped)
- Casts/splints must be foam or bubble wrapped for player safety AND approved by referee
- Coaches and players from both teams on the same sideline
- Should participate in postgame elements after each game
 - Thank opponent with handshake line
 - Thank referee with high five or knuckles
 - Thank God with postgame prayer with opponent
 - Thank spectators with applause

RECREATIONAL BASKETBALL RULES

CCV STARS Basketball will follow the National Federation of State High School(NFHS) Association Basketball rules with the modifications listed below to fit the needs of our league. Please refer to the NFHS Football Rulebook for items not listed here. Rules are subject to change at the discretion of CCV STARS.

	4yr old – Kinder	1 st -2 nd Grade	3 rd -4 th Grade	5 th -6 th Grade
Players on Court	4	4	4	4
Hoop Height	7.5'	8.0'	9.0'	9.5'
Ball Size	Youth 27.0	Youth 27.0	Women's 28.5	Women's 28.5
Game Duration	18 min halves	18 min halves	20 min halves	20 min halves

- **Game Clock**
 - During the regular season, the clock will not stop for any reason.
- **Number of Players**
 - No games in introductory basketball are played 5x5. All games are played 3x3 or 4x4 based on number of players in the league

- **Substitutions**
 - Game will stop every 4-5 minutes for subs.
- **Defense**
 - Teams must play man to man defense. NO ZONE!
 - This means every defensive player is responsible for guarding a player on the offensive team and not for covering an area of the floor.
 - Teams can pick up offensive team at the midcourt line.
 - No Full Court Press.
 - Defenders may not steal ball from the dribbler.
 - Can steal passes
- **Fouls**
 - Fouls will not be recorded
 - Ball is taken out of bounds on all fouls
 - No Free Throws
- **Score**
 - Score will not be kept during the regular season