



COMPETITIVE BASKETBALL RULES

ALL DIVISIONS

- All players receive equal playing time
- All players must wear:
 - Provided uniform with no modifications
- No jewelry allowed (earrings must be removed or taped)
- Casts/splints must be foam or bubble wrapped for player safety AND approved by referee
- Coaches and players from both teams on the same sideline
- Should participate in postgame elements after each game
 - Thank opponent with handshake line
 - Thank referee with high five or knuckles
 - Thank God with postgame prayer with opponent
 - Thank spectators with applause

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CCV STARS Basketball will follow the National Federation of State High School(NFHS) Association Basketball rules with the modifications listed below to fit the needs of our league. Please refer to the NFHS Football Rulebook for items not listed here. Rules are subject to change at the discretion of CCV STARS.

- **Game Length**
 - 18-minute running clock (Clock stops last min of both halves)
- **Halftime**
 - Halftime is 2 minutes
- **Scoring**
 - All live shots count as 2 pt shots
 - All Free Throws Count as 1pt
- **Bonus**
 - Teams Shoot 2 Free Throws at 10 team fouls
- **Personal Fouls**
 - Players foul out of the game with 6 personal fouls

- **Regulation Basketball**
 - 3-6th grade divisions will use a 28.5 standard basketball
- **Overtime**
 - 1 minute overtime.
 - If score is still tied, then sudden death (first team to score.)
- **Playoff Seeding Tie-Breaker**
 1. Head to Head Winner
 2. Point Differential (on a +10/ -10 Scale)
 3. Coin Flip
- **Defensive Rules**
 - Teams must play man to man with no trapping
 - Last two minutes of 2nd half teams can play whatever defense they want including presses, traps, etc.
- **Playing Time**
 - Teams will be required to play equally until the last 4:30 of the game.
 - Substitutions will happen every 4:30 seconds.